

DRIVING DIRECTIONS TO ROAN MTN & CARVER'S GAP

- Head west on I-40 towards Morganton.
- Get out at exit 103 (Rutherfordton, US-64).
- Turn right onto US-64. Follow signs to NC-181.
- Take NC-181 approx. 26 miles to US 221.
- Turn left onto US 221.
- Go ~1.5 miles and turn right onto NC-194/ Miller's Gap Hwy.
- Follow NC-194 ~10 miles. Stay straight. NC-194 becomes US-19E.
- Follow US-19E for ~6.5 miles to Roan Mtn, TN.
- Follow signs for "Roan Mtn State Park" and TN-143.
- Follow TN-143 ~13 miles through the state park until you reach the NC/ TN state line and see a sign for Carver's Gap. The parking lot is on your right.
- Cross the road to reach the Appalachian Trail trailhead.

DIRECTIONS TO THE US-19E PICK-UP POINT (for the long trek)

- Turn onto TN-143 to leave the state park.
- Follow TN-143 all the way back to US-19E.
- Go east on US-19E for 3.9 miles. A small pull-out big enough for 2-3 cars marks the end of the trailhead.

